Whispering Woods

Basic Chiromancy course

*Think like a wise man but communicate in the language of the people.*

William Butler Yeats (1865 - 1939)

Julius Caesar is said to have judged his men by way of palmistry.

**Background and Basics:**

**Lesson One:**

Palmistry is a method of personal counseling that is thought to have originated in India over 3,000 years ago. It is a part of a vast field of study, referred to as “Samudrik Shastra”, which literally means the ocean of knowledge. This is a Sanskrit term that derives from the Vedic tradition. It is a study of body features. Samudrik Shastra consists of eight disciplines; Ang (Body parts), Svapna (Dreams), Swar (Voice), Bhumi (Earth), Vyanjan (Food), Lakshan (Characters), Utpaat and Antariksh (Astronomy).

Within this tradition every natural or acquired bodily mark encodes its owner's psychology and destiny. Hasta Samudrika Shastra serves as a collection of ancient rules related to
hand analysis. The root word, Hasta” means “hand”.
Its doctrine describes the art of knowing both character and fortune from the hand.
Palmistry is a sub-section of this vast knowledge and deals specifically with the study of the hand and the imprints therein.
In a book named "Physiognomy & Palmistry", Pythagoras, the ancient Greek mathematician, traces the history of palmistry back to 497 BCE.
In 423 BCE, Anaxagoras (Greek Educator) remarked that palmistry was "a study worthy of an enquiring and educated mind."
Three major methods of hand analysis exist: Western, Chinese, and Indian. Of these the Chinese and Indian methods are the oldest. And of these three, the Chinese and Western methods are taught through the written word.
To the contrary, the Indian method which is the oldest method known, are taught through “parampara” (word of mouth).
The first book on Palmistry was Michael Scotts “De Phisignomia” written in 1477 CE on the physiognomy of the human body with a chapter on all the aspects of the human hand. He wrote, “Just as a pebble thrown into the water creates ripples, so our thoughts create similar effects on our palms”.
There are even a couple of notations about palmistry in the Christian bible.
Proverbs: 3; 16 'length of days is in her right hand; and in her left hand riches and honor.'
Job: 37; 7 'He sealeth up the hand of every man; that all men may know his work.'
Chiromancy appears first in Judaism in the circle of “Merkabah” mysticism. They are the earliest known form of Hebrew occultism and were also known as "Heh-Cha-loht"
The fragments of their literature include a chapter entitled “Hakkarat Panim le-Rabbi Yishma’el” which is written in a rabbinic style.
This chapter is the earliest literary source of chiromancy which has thus far been found in the Judaic sphere. It is based on symbols and allusions which are still obscure, and has no connection to the astrological method.
It uses the term “sirtutim” to describe the lines of the hand.
It is thought that the Merkabah mystics used chiromancy and Hellenistic physiognomy in order to ascertain whether a man was fit to receive esoteric teaching.
They quoted as scriptural support for these sciences, Genesis 5:1–2.
This is the book of the generations of man (the Hebrew “Toledot” interpreted to mean "the book of man's character and fate"). Thus the Chiromancy reading varies according to the sex, the right hand being the determining factor for the male, and the left hand for the female.
The earliest known form of Hebrew occultism was known as “Heh-Cha-loht” or Merkaba Mysticism. The term “Merkaba”; means “ascent”. In the Hebrew language the Merkaba was known as the “Throne of God”, and it was the aim of the Merkaba Mystics to see their God upon his throne.
It is interesting to note that during the 17th century palm reading was officially taught at the Universities of Leipzig and Galle in Germany and yet at the same time it was being punished in England as a form of witchcraft.

With respect given to the Judaic tenets of Chiromancy, it is generally assumed that the left hands shows potential in an individual, while the right hand shows realized personality. Usually the hands are recognized as either a passive or an active hand. A right-handed person has right active hand, and a left-handed person has a left active hand. The other hand is known as passive hand. It is considered that the passive hand is the one we are born with. It conveys the inherent traits of the person. The active hand is more susceptible to our conscious efforts. Hence it is known as the hand determined by us.

Within this course we will be looking at the Western method of Chiromancy. We will supplement this course with a look at Chirognomy (study of the size, shape and appearance of the hand) and Dermatoglyphics (study of the skin ridges in our hands). Chiromancy can be used not only for protection of family and friends but also in all other aspects of life. Chiromancy gives us the tools to recognize problems and the opportunity to make life changes that will enhance our journey through this life.

The minor lines run vertically in the hand and each is named for the finger under which it terminates.

Quiz:

1. Samudrik Shastra consists of ________ disciplines.

2. The first book on Palmistry was Michael Scotts ________ _______.

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Quiz:

1. Samudrik Shastra consists of ________ disciplines.

2. The first book on Palmistry was Michael Scotts ________ _______.
3. The root word, “Hasta” means _____.

4. The middle finger is the finger of ________.

5. Which hand is considered “active” if you are right handed?

6. Palmistry is referred to as “Samudrik Shastra”, which literally means the ___ __ _________.

7. The Indian method of palmistry is taught through _____ __ _____.

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**Palm Markings**

*Lesson Two*

There are a number of different marks which can be found on the palm in addition to the lines. Their location and type of mark will determine if they add a negative or positive effect to the overall reading.

There are often markings like a star, a grille, a square, etc. located on different areas of the palm. For example, a square on the Mount of Saturn will protect its owner from a random fatality due to a freak accident.

A grille represents a point at which the energies of the hand dissipate. If grilles cover the entire hand, the power of its bearer is being constantly drained by self imposed confrontations. If a grille appears on a mount, it saps or thwarts the qualities of the mount.

Crosses denote troubles, disappointment, danger, and when found on lines, the harm to the bearer may be increased. Occasionally it can refer to a dramatic change in one's life due to a crisis or hardship.

They should always be considered an ill omen with but two exceptions. When found on the Mount of Jupiter and when located between the head and heart lines, known as the "Croix Mystique".

The bearer of such a mark is said to possess a great degree of mysticism, and occultism. The Island is always a negative sign, save for some systems in determining an individual's fecundity.

The mark’s are as follows:

Transverse Lines:  

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A transverse line on the hand is a negative indicator in that it nullifies the positive qualities of any mount it is located on. For instance if transverse lines are found across the Mount of Mercury, it indicates that the bearer will use their talents of diplomacy and tact for deceitful goals.

Vertical lines:

Vertical markings are a benefic sign. If found on the mounts, they enhance its positive qualities and assist in lessening the effects of any negative marks also located on the mount. For instance, vertical marks upon the Mount of Mercury will enable one to use their tact and diplomacy to create positive communication and friendship. It will emphasize science and business skills. Two vertical lines on the Mount of Mercury are often the symbol of one who is a Doctor or Biologist.

The Grille:

The grille is a point at which the energies of the hand dissipate or escape. If grilles are found all over the hand, the energy of its bearer is being constantly drained by confrontations which are generally self-induced. If a grille appears on a mount, it drains the energies/qualities of that mount.

Cross:

Crosses always indicate troubles, disappointment and danger. Occasionally it can refer to a dramatic change in one's life due to a severe crisis or hardship. They should always be considered an ill omen with two exceptions: when found on the Mount of the Jupiter and when located between the Head and Heart lines, which then becomes known as the "Croix Mystique". The bearer of such a mark is said to possess a great degree of mysticism and occultism. The position of the "Croix Mystique" is also considered to be important. If located very close to the Mount of Jupiter, the bearer will exhibit belief in mysticism only for their own personal gain. Those with crosses further from the Mount of Jupiter will be more principled in their beliefs and mystical goals.
The Star:

The star is a positive symbol symbolizing brilliance in a person's life. A line that ends in a star signifies the greatest accomplishment of goals possible. For example, if the Line of Apollo ends in a star, it indicates great fame. The downside of this situation is the loss of one's privacy and all that that entails. A star on one of the mounts will enhance greatly the mount's corresponding traits. The downside is that these traits will become intensified in one's life to the exclusion of all else. The star is certainly a sign to be viewed with great caution.

The Island:

The Island is always a negative sign. It is often a sign of some hereditary illness, such as heart disease or alcohol abuse. Or it may be emotional stress that is present. The island can also represent a gradual and prolonged, yet subtle period of strife in an individual's life. It could represent mounting stress on the line of the head, and thus manifest itself as headaches. On the Line of Fate, it could be a period in which the individual finds themselves drowning in debts that peak at the widest point of the island. These misfortunes will last to the extent that the island is long.

The Square:

The square is almost always a positive symbol. It indicates a special significance when covering an area that is experiencing turmoil, such as chained, broken, or dotted lines. In this instance, difficulties will arise but the bearer will persevere and the crisis will pass with limited effects. A square that comes after a negative mark in a line indicates repair of the negative damage. The one instance in which the square denotes negative influences is when it is found on the upper portion of the Mount of Venus near the life line. Located there it signifies detention or incarceration.

The Circle:
The circle is a very rare mark in palmistry. It is considered an evil mark, unless it is located on a mount, in which case it usually enhances the attributes of the mount. If it touches any line, it brings terrible misfortune to the line it touches (Heart, Head, Life etc).

The Triangle:

The triangle is a positive sign. Though, its significance should be attributed to it only when it stands as an independent mark, not composed of intersecting lines. The Triangle indicates mental health and success in accordance to the location of the mark. For instance if it were to be found upon the Mount of Apollo, it would denote an artistic success. If a triangle is found alongside a line, it will naturally take on a significance relating to that line.
The triangle represents balance and will.

The Spot:

The spot is a sign of a distinct event or malady, though it often comes in groups that indicate a chronic disorder. If found on a line; it generally indicates a temporary illness in accordance to the line it is on. For instance a spot on the Line of Head might indicate some sort of trauma to the head.

The Trident:

The trident is a very positive mark wherever it may be found. If it rises from a line, it will enhance the qualities of that line and draw additional energy from the mounts or lines that branch on either side. If found on a mount; the trident expands the attributes of that mount in conjunction with its neighboring mounts. The trident is such a powerful symbol that it surpasses the star in beneficence.

The Tassel:
A tasseled line is often found at the end of the lifeline; as the individual weakens and fades with age, so too does the line. Such is the case with the Line of Head, where it denotes a weakening of mental clarity and approaching senility or old age. A tassel found on the Heart Line indicates a deteriorating heart condition or emotional trauma that has left the individual very feeble and weak.

Drooping Offshoots:

Lines that droop from any larger line indicate a disappointment in life. If it is along the Heart Line, it indicates disappointment in love or an unfortunate event in which the individual became too emotionally involved.

If a drooping offshoot is found along the Line of Head, it may indicate the loss of one's ideals and/or disillusionment.

Rising Offshoots:

Rising offshoots are the opposite of the drooping offshoots. They represent periods of sudden inspiration, fruition, and happiness.

Rising offshoots draw upon the qualities of the mount that it is directed to. Thus in order to determine the nature of the offshoot's properties, it is essential to observe to which mount the offshoot is headed.

Quiz:

1. The circle is considered a ___ mark.
2. The Island mark is a ______ mark.
3. The square is a _____ mark.
4. The trident is such a powerful symbol that it surpasses the ____ in beneficence.

5. Lines that droop from any larger line indicate a ________ in life.

6. The star symbolizes __________ in a person's life.

7. The triangle represents ________ and will.

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The Major Lines

Lesson Three

The Life Line
The Life line begins on the edge of the palm, between the index finger and the thumb. It extends across the middle of the palm and wraps around the base of the thumb. It always originates from the space between the Mount of Jupiter and the thumb. The Life line is generally curved. In general, the Life line identifies vitality, robustness or weakness, enthusiasm for living and state of health. The life line is also believed to reflect major life changes, including cataclysmic events, physical injuries, and relocations. Deeply etched life lines generally indicate folks who are outdoor types. While lighter life lines may indicate folks with problems that prevent them from enjoying life to the fullest. The ideal life line is one that is strong and solid with few interruptions, chains, or branches. A Life line that runs close to the thumb signifies a person with low energy levels. Alternatively a Life line that travels along a wide arc indicates a person with a great deal of energy.

If the Life line, head line and the heart line are all fused together at the starting point, it indicates bad temperament and a wrong assessment of other people. A small gap between the head line and the Life line indicates a person with self-confidence and energy.

In Hindi, the Life line is known as “Jeevan Rekha”.

It is thought that if there are breaks or islands in the Life line, that there are some life trials and/or illness. If the line strengthens after such breaks, that one will overcome the situation reflected by the breaks. When tiny lines shoot upward from the Life line it reflects positive endeavors in one’s life. For instance, if the upward lines reach the Mount of the Sun it represents creative success. If a Life line ends on the Mount of the Moon it denotes the constant urge for change and travel. A Life line that is split at the ends denotes a desire to leave home, though home bonds remain strong.

By the same token, if the tiny lines shoot downward depicts an unsuccessful flow of life energy. If a Life line ends in constant branches shooting downwards, this denotes possible diseases awaiting one in old age.

A Life line can be considered to be Swooping, Cramped or Crossing the palm. Swooping: A swooping, semicircular line around the base of the thumb, shows great strength and enthusiasm as well as an improved love life.

Cramped Line: A cramped line is a sign of a limited exploration of love and a very cautious nature.

Chained Line: A chained line often indicates health problems both physical and emotional. Many people with allergies will have such a line.

Crossing the Palm: This line represents a life, which consists of a great deal of travelling.
Break Lines: A break in the Life line represents a sudden change in life style, an accident or an illness.

The Head Line

The Head Line begins just above the life line, on the side of the palm between the thumb and the index finger, and spans horizontally across the palm. This is considered by palmists to be the second most important line on one's palm, after the Life line. It represents intellect and reasoning. A curvy Head Line is a sign of an intuitive thinker while the very straight line indicates a logical disposition. If the line is short and curved upwards, then you tend to have a short attention span. However if the line swoops down towards the heel, the person tends to be imaginative and creative. A Double Head line shows strong mental abilities. A broken line shows a distinct change in your way of thinking, sometimes this is characteristic of a nervous breakdown. If the head line is straight in the beginning and then slopes slightly, it indicates a mind that has attained a balanced state between imagination and practicality. The space created between the Life Line and the Head Line is known as the Angle of Luck.
The greater the space between the two the greater your alleged luck.
In palmistry a head line that starts under the index finger indicates a brilliant mind.

The Heart Line

The Heart line can be either straight or curved.
The heart line runs horizontally across the upper palm, surrounding the mounts of Mercury, Apollo and Saturn. The length of the line is thought to have a general impact on a person's health. For instance, if the Heart line is broken it may indicate a heart attack at some point in their life. If there is a sign of an island on the heart line, it is thought to show the death of the person in that specific age.
It rules a person's emotions and relationships.
An absent line is indicative of a person high on logic and reason, who could even be ruthless in their professional pursuits.
The length of the line plays an important role in determining a person's attitude towards relationships.
While a short line indicates a highly self-centered person, a long line indicates a person who has a highly idealistic in matters of love. A very long line touching both sides of the palm shows a person who is highly dependent on relationships.
If there is a heart line on one of the palms and not on the other then this is an indication
that such a person was deceived by his loved ones and as a result he has turned emotionless and passive.
If the line is clear and deep, it indicates a person who is sincere, respectful and considerate. A deep line can indicate a highly stressful life. Branches arising from the line suggest a strong interest in the opposite sex.
If the line has drooping branches, it indicates a poor relationship. If the heart line emerges near the Mount of Mercury and moves upwardly then such a person is said to be an aggressive lover.
If there is a line from the heart line that goes towards the Mount of Mercury then it is an indication of sudden accidents.
If the Heart line is curved and ends at the Mount of Jupiter, it shows the tendency for idealistic love and someone who is a bit out of touch with reality.
If the Heart line is curved and has a fork at the end with one branch ending in the Mount of Jupiter, and the other below the middle finger, this indicates a person whose emotions are in perfect balance and harmony.
When the Heart line is curved and ends below the middle finger, it shows someone who is self-centered in relationships.

The Simian Line
A Simian Line is where the Heart line and the Head line are fused together. This is also called a “Simian Crease”. Medically this is called a “proximal transverse palmar crease”. In short, only one major line is evident and extends all the way across the hand from one edge to the other.

The purest form of simian line is where only one line cuts across the hand and there is no indication of it containing more than one line. However, there are many variations of a Simian line.

It is rare to have a Simian Line on both hands; only 4% of all Caucasians have a Simian line on one hand. And 13% of all Asians have it on one hand. Males are twice as likely as females to have a Simian line. The simian line’s name stems from its resemblance to the palmar creases found in the hands of primates.

It is thought that those with a simian line, performs the functions associated with both the Head and Heart lines. That is, the bearer finds it difficult to separate emotions and what is desired (the heart line) from intellect and what is thought (the head line). They believe the simian line gives the ability to focus on one thing, to the exclusion of all else. People with simian lines are seen as being complex, forceful, goal-oriented, and egocentric.

Some people with the Simian Line show extreme difficulty in deep personal relationships, while for others their main issue is anger management.

The Fate Line
This line rises from the base of the palm, and touches the Mount of Saturn, dividing the palm into halves. An absent fate line shows a person who is self-made and diligent. These people plan their entire life with meticulous detail, and leaves very little to chance. One fork to the Mount of Venus is indicative of a person with strong musical and literary pursuits. These people will almost always achieve celebrity status. The line ending in a fork on the Mount of Saturn shows a prudent, discreet and mysterious person. If the line forks towards the Mount of Mercury, the person is an achiever, with a gift for persuasion. A fork towards the Mount of Jupiter shows a person with a pleasant humanitarian approach. These people are also natural leaders. A fork in the beginning shows a traumatic childhood. A double line implies insecurity.

The branches of the fate line indicate the rise and fall of fortunes. A rising fate line indicates a successful career with great opportunities for prosperity. Dropping lines mean heavy losses, failure, and disappointments. A wavering line shows an indecisive and lethargic person who lives life on a totally materialistic level. An unusually deep line reveals an inheritance, and success that is handed down.

The Fate line is often known as the Line of Saturn.

Quiz:
1. The Heart line can be either straight or _______.

2. The ideal life line is one that is strong and solid with few__________, chains, or branches.

3. A _______ _____ is where the Heart line and the Head line are fused together.

4. A Double Head line shows strong _______ abilities.

5. Deeply etched life lines generally indicate folks who are _______ types.

6. The branches of the fate line indicate the rise and fall of ________.

7. If the Heart line is broken it may indicate a _____ _____ at some point in their life.

**Chiromancy - The Minor Lines**

Lesson Four

In addition to the Major lines there are also a number of Minor Lines. Most hands will have the 3 major lines and at least one or two of the minor lines. Every hand is unique and many of these lines will be absent from a number of the hands that you observe. The lines in ones hand will change throughout one’s life and reflect the changes in behavior, attitude, lifestyle and experience of the individual.

*The Line of Saturn:* The Saturn Line begins just above the wrist and moves up the hand to the middle finger. It is commonly known as the Fate or Destiny Line. This line represents
the measure of personal success and one’s ability to handle responsibility. This line also indicates possibilities of marriage and love for an individual. If this line originates from the line of life it is considered to be a very positive line. If it originates from the middle of the palm near the wrist, a little away from the line of life, it is also a positive indicator. But, if this line originates from a point very near the line of life it considered being a negative indicator. The presence of this line shows a disposition to jump from one thing to another and not able to stick to any one thing long enough to make it successful.

The Line of Apollo - This line is also known as the Line of the Sun. It appears under the finger of Apollo, the ring finger. It is believed to indicate fame or scandal and the presence of the Line of Apollo also indicates artistic talent. This line is often short, rising just above the Heart Line and may not appear on the hand at all. Those folks who have such a line are generally very reliable. This line appears in most cases when a person knows what they want to accomplish and then work hard to reach their goals.
The Line of Mercury - The Line of Mercury is sometimes referred to as the Line of Health or the Line of Inner Dialogue. It may not appear on the hand but when it does it rises from the base of the hand and angles up to the Mound of Mercury under the little finger. When present this line will give information about the subject's nervous system. It is also an indication that the individual is seeking a path of self-improvement and/or spiritual growth.

It can originate from the mount of Venus or the line of life, the line of Saturn or the Mount of the Moon and it terminates at the mount of Mercury. If it is a clear, well-defined line it indicates intelligence and good health. If it is a broken-up line it is an indication of indifferent health and confused thinking. If the mercury line begins on the mount of Luna or branches from the Life line it is a sign of one who is successful in business.

Folks whose Mercury line start on the Venus mount and cross through the Life line usually work in a service related business.

It is also an indicator of personal health. For instance tiredness may make the line stronger while relaxation may make the line disappear altogether.
Line of Mars - The Line of Mars is that line that is found encircling the Mount of Venus and inside the Line of Life. This Line, which rises on the Mount of Mars, from which it derives its name, when found clear and strong appears to back up and reinforce the Line of Life. It indicates great vitality, power of resistance to illness and disease. It is not found on all hands. All breaks or bad marks indicated on the Line of Life are minimized on the hands that have the Line of Mars. As its name implies, in character it denotes a robust and rather determined disposition, a person naturally inclined to rush into dangers and quarrels. If deeply marked and reddish in color it increases all indications of accidents and dangers shown on other parts of the hand. When a branch shoots off from this line and runs on to the Mount of Luna, it foreshadows restlessness and an intense craving for excitement. With a weak looking Line of Mentality there is a strong possibility of being a heavy drinker and at the point where it breaks through the Line of Life, it generally indicates death brought on by alcoholism.

Girdle of Venus – The Girdle of Venus is a Semi-circle between the index and pinky fingers. The absence of the line indicates a person with a calm character who is able to control their feelings. A clearly marked line indicates one with a highly emotional state. A broken line represents a hypersensitive state. If a line ends on the Mercury it is a sign of a large reservoir of potential energy. The Girdle of Venus often appears on the hands of individuals who tend to be ultra-sensitive. Symbolically it can indicate a need for shielding or creating emotional boundaries. The Girdle of Venus is said to enhance the Line of Heart.
**Ring of Solomon** – The Ring of Solomon is a small line appearing as a semi-circle, embracing the Mount of Jupiter and ending near the beginning of the Life Line. A Ring of Solomon indicates a love and desire for the occult sciences.

**Marriage lines** - A clear printed Marriage line characterizes not only marriage itself but also close relationships and partnerships. The number of lines shows a number of people whom a person has relationships with. Unclear hardly printed lines display a number of small intrigues of no importance in a one's life.  
A break in the Marriage lines can represent divorce.  
If broken lines cover each other a re-establishment will occur. A double line indicates simultaneous relation with 2 persons. The depth of each line represents the depth of the relations. A clear-formed arch rising to the little finger represents a single life where there are relations with the opposite sex. The longer the Marriage Line the longer the
relationship will last. The closer the Marriage lines are to the Heart lines, the earlier in life a marriage may take place.

Children lines - Children lines commonly branch out of marriage lines indicating possible births as a result of corresponding relationships. Children Lines may also cross or appear beneath or above the Marriage Line. Deep, clear Children Lines indicate boys, while light, shallow Children Lines indicate girls. When the Children Lines are absent, it is thought that one is unable or will have difficulty having children.

Health line - The Health Line can be found extending from below the little finger, down across the palm, to the base of the thumb. Sometimes it may even join with the Life Line. In most cases, the Health line does not have a definite ending point. The absence of the Health line represents a sound health. A deep, clear line represents
weak health and a tendency to become ill.
A wavy line along the Health Line problems relates to the digestive system, as well as the central nervous system. If the Health line is broken in several places, it indicates severe and chronic illness.
In the case of a line that touches the Life line, it is necessary to draw one's attention to one’s personal state of health. While the Health line may appear very deep during the first few years of life, it fades away almost completely as the person gains in strength and health. The Health line may again appear when the person is over-stressed or when they are about to come down with severe illness.

Intuition line - The Intuition line generally shadow the life line because intuition indicates keen insight into one's life. The presence of this line is a sign of rather a sensitive character. The more prominent this line appears the more likely the possibility that psychic ability is a dominant characteristic for the person. Intuition lines are not the easiest to detect, and may be absent entirely.
A person with a clear, distinguished line often becomes a prophet or fortuneteller. This line appears on the outer palm. It illustrates strong insight. If you have this line you are an extremely sensitive, intuitive person and may have ESP.
Travel Line - The Travel Lines start from the edge of the palm at the heel, opposite the thumb, and extend horizontally. The Travel Lines are the indicator of the trips taken throughout the life and their impact on life.

If a travel line intersects with the Life Line, then a trip will be made under circumstances of health, or your health will be affected by a trip. Lines that cross the Travel Line foreshadow danger, or problems with in travel.

A Square superimposed on the travel lines is a sign of protection in travels. Breaks in the lines indicate a delay in travels. If a Travel Line intersects the Fate Line, there is an indication that the travels will present a life-changing experience.

When the Travel line crosses the hand and enters the Mount of Jupiter, great position and power will be gained by it, and the journey will also be extremely long.

When the Travel Line runs to Mount of the Sun, it promises riches and fame.

When the travel line reaches the Mount of Mercury, sudden and unexpected wealth will arise from it.

If the Travel line runs into the line of head and causes a spot, island, or break, it foretells some danger to the head during a journey.
Bracelets – Bracelets (Rascettes) are the lines at the bend of your inner wrist. It is more common to have two or three bracelets. Although, some people may have only one bracelet, having four or more is possible.

More bracelets indicate a longer life, broken bracelets indicate ill health. Parallel, clear distinguished bracelets are a sign of a healthy, long and happy life. A raised bracelet high up the palm is a sign of internal weakness of the organs. Chained upper bracelets predict unexpected happiness after big trouble.

The presence of a line rising up to the Jupiter represents long and prosperous travel. The line coming from upper bracelets to the Sun represents trip to an arid country. The line coming from an upper bracelet to the Mercury means a sudden inheritance.

Quiz:

1. The Ring of Solomon ends near the ______ Line.

2. The Line of Mercury is sometimes referred to as the Line of ______.

3. If the Line of Saturn originates from the line of life it is considered to be a very _______ line.

4. A wavy line along the Health Line problems relates to the ______ ______.

5. The longer the Marriage Line the longer the ____________ will last.

6. The number of Marriage lines shows a number of people whom a person has ________ with.

7. Bracelet Lines are also known as ________.
Mounts and their significance are vital parameters of palmistry in order to discover the past, present, future, personality and temperament of a person. Mounts are the raised, fleshy portions of the palm that indicate the activity levels of various centers of the brain. In palmistry, mounts are also considered as magnetic centers that reflect the activities of the subconscious mind. Mounts have been named after the planets and the special features of the planets are revealed in the corresponding mounts. There are 7 mounts on a palm, each one revealing the mental and physical characteristics of an individual.
Mount of Venus: The mount of Venus, which is located at the base of your thumb, can be a good indicator of how deeply or passionately you love others. The Mount of Venus has attributes of the planet Venus, such as love, beauty, etc. It also represents your physical body and how comfortable you are with yourself.
A well developed mount shows a generous, engaging and warm person who leads a socially active life.
An over-developed mount shows a very greedy person who never seems satisfied with any amount of worldly pleasures. A flat mount denotes a selfish and cold person with no passion or vitality.
If your mount of Venus is overly puffy, it can indicate a tendency toward promiscuity as well as fear of commitment. The exception to this rule is when the head line and the thumb are both strong and steady; in this case, your passionate nature will be tempered by a sound, moral ability to size up sexual situations for what they actually represent. If you don’t have a well-developed head line or thumb configuration, an exaggerated mount of Venus can indicate a callous, uncaring tendency toward instant gratification.

Mount of Luna: This mount is opposite the Mount of Venus at the bottom of the hand, near the wrist. This mount lies at the base of the palm on the opposite side of the thumb. The Mount of Luna symbolizes qualities of awareness, perception, imagination, and creativity.
A compassionate, caring personality is exemplified by a well developed Mount of Luna. A flat mount, on the other hand, denotes imagination and a sense of empathy. A well-developed mount indicates a compassionate, creative and caring person with an amazing zest for life. Folks with fully developed Mount of Moon are lovers of nature and beauty. They reside in the dream world. There is no lack of imagination in their lives. Such persons are high class Artists, Musicians and Persons of Letters. They are generally full of religious ideas.
Folks not having the Mount of Moon are hard-hearted and deeply materialistic. They are generally of an aggressive nature.
If zigzag lines are found on the Mount of Luna, then the person shall go on voyages several times in life. If a circle is found on the Mount, then such a person shall go to foreign countries for political reasons.

Mount of Mercury: This mount is located just beneath the little finger. The prominent part on the base of the finger of Mercury is called the Mount of Mercury. This Mount shows materialistic prosperity and affluence. Spontaneity and communication skills are also indicated. For example, if the Mount of Mercury is a well developed mount it suggests an individual who likes to travel a lot and take risks. If it is overdeveloped, the person is a glib talker and a consummate liar. If the mount is flat, it indicates that the person is shy, diffident or just plain dull. A well-developed mount indicates a go-getter personality with a fervent interest in travel. If the mount appears flat, it denotes a shy or dull person who lacks confidence. Folks who have this mound generally live their lives in poverty.

The Mount of Mars: There are in fact two Mounts of Mars; the Defensive or Negative Mount above the Mount of Venus near the thumb, and the Aggressive or Positive Mount on
the opposite side of the hand. They are known as the Progressive Mars and the regressive Mars. Both symbolize the classic Mars qualities of courage, strength, and aggressiveness. In addition, the Mars Negative Mount represents energy while the Mars Positive Mount represents mental strength. Those with the Defensive Mount are generally brave and steadfast in their beliefs. Those who are missing the Mount of Mars are generally of a cowardly character. Amount of Mars that is well defined indicates a criminal mentality. This is especially true if the Mount of Mars leans towards the Mount of Venus.

The upper Mount of Mars is situated between the head line and the heart line. The lower Mount of Mars is located at the starting point of the heart line near the thumb. The middle Mount of Mars lies at the center of the palm. A soft Mars area indicates an extremely self-centered person. A firm and well-developed Mars plane denotes an extroverted nature and unlimited energy.

The Mount of Saturn: This mount is located right below the middle finger. The Mount of Saturn represents wisdom and discernment. A well-developed mount indicates a person with an intense thirst for knowledge and with a great sense of responsibility. The mount of Saturn is unconcerned with society, and so if the Mount of Saturn is well developed, one may be expected to display a lack of interest in society. An over-developed mount combined with long fingers represent a distant, cold and introverted personality.

If the mount appears flat, it suggests an optimistic and outgoing person. A flat Mount of Saturn means the bearer is outgoing and optimistic. Its meaning is greatly intertwined with the line of fate, which is primarily concerned with one's course in life.

The Mount of Jupiter: Located under the index finger, the Mount of Jupiter indicates ambition, confidence, leadership and justice. If the mount is well-developed, it indicates an optimistic, honest, sociable and honorable person with outstanding leadership qualities. Self respect is an important tenet in these folk’s lives. It is interesting to note that when women have a well developed Mount of Jupiter that they tend to be submissive to others. A flat mount indicates a person with a dull personality and lack of confidence. These folks tend to lack the qualities found in those who have a well-developed mount. If the mount is over-developed, it denotes a person who is egoistic, arrogant, idle and proud.

When he Mount of Jupiter leans towards the Mount of Saturn, such folks tend to be introverted. Their focus inwards tends to lead to frustration with society. They tend to be serious and obstinate. A short line on this mount, between the Head line and heart line, indicates an accumulation of wealth. In addition, a star on the Mount of Jupiter signifies ambition. A square on the Mount of Jupiter also denotes ambition. A cross on the Mount of Jupiter indicates great affection.
An island on the Mount of Jupiter indicates a loss of pride. Little cross lines on the Mount of Jupiter indicate egotism. Triangles on the Mount of Jupiter indicate leadership ability.

**The Mount of Apollo:** The Mount of Apollo can be found at the base of the ring finger. If the mount is well developed, the person is warm and optimistic, radiating enthusiasm. If it is flat, the person is cold and cynical, lacking appreciation of life experiences. If it is overdeveloped, the person is brash, insensitive, and loves to hear themselves talk. Such folks are generally of a quarrelsome nature; this person may never really enjoy any level of success in life.

The existence of the mount generally indicates a creative trait, such as a love of poetry, books and the arts. In general, the Mount of Apollo is a good indicator of how successful a person is or can be.

If the Mount of Apollo is absent on the palm, such a person is generally very ordinary and lead very bland lives. Such folks tend to be dull-minded and boring.

**Quiz:**

1. The Mount of Mercury is located beneath the _____ ______.

2. An over developed Mount of Saturn combined with long fingers represent a distant, cold and _______ personality.

3. There are __ Mounts of Mars.

4. If a Mount of Saturn is overdeveloped, the person is a glib talker and a consummate _____.

5. The Mount of Jupiter is located under the ____ finger.

6. The Mount of Luna is opposite the Mount of ______.

7. In general, the Mount of Apollo is a good indicator of how ________ a person is or can be.

**Chirognomy**
Lesson Six

Chirognomy is the study of the size, shape and appearance of the hand. This includes the analysis of the color, texture and resiliency of the skin. Chirognomy on its own is not a good means of doing a reading. But when used in combination with palmistry, it is an excellent addendum.

A good place to start the study of Chirognomy is by getting to know the basic hand shapes. Assessment of the shape of the hand provides insight into the essential characteristics of the individual.

The type of classification used in Western astrology is one using the four Elemental categories of Earth, Air, Fire and Water which we will review here in this lesson.

The elemental type is defined by the shape of the palm in relation to the length of the fingers. So tenets such as is the palm square or oblong are considered. The fingers are also considered, are they short or long fingers?

A square palm and short fingers indicate an Earth Hand.
A square palm and long fingers indicate an Air Hand.
An oblong palm and short fingers indicate a Fire Hand.
An oblong palm and long fingers indicate a Water hand.

Earth Hand

The Earth hand is square and solid. The fingers are short and the palm exhibits few lines. Those that do appear are strong and well defined. Subjects with Earth hands tend to be level headed, no-nonsense folks. Physical experience may be more important than intellectual pursuits. They enjoy repetitive work and are good with their hands.
Practical in nature, the Earth type may be conservative and probably prefers spending time outdoors. Folks who have square fingertips are the thinkers and the decision-makers. They are conservative, reserved and possessive.
Astrologically the Earth Signs are: Capricorn, Taurus and Virgo

![Image of a hand]

**Air Hand**

The Air hand has long fingers and tends to have an abundance of clear lines in the palm. Air types spend their time in intellectual pursuits. These folks tend to use logic rather than intuition. They are curious and full of ideas. They thrive on nervous energy and may be prone to worry and stress. They are often quick-witted and express themselves clearly. They enjoy communicating and often have careers that utilize their skills. However, they may tend to intellectualize their feelings and can have difficulty with close, personal relationships. They are easily bored and need constant stimulation to perform at their best.

![Image of a hand]

Astrologically, the Air signs are Gemini, Libra and Aquarius.

**Fire Hand**

A hand with an elongated palm and short fingers is a Fire hand. The lines in the palm are usually strong and well-defined and the hand may have a vibrant feel to it. Fire types are
energetic and action oriented. They tend to have a need for variety and may lack patience. Most folks with this shape of hand would be considered extroverts as they are very outgoing as individuals. They tend to be individualistic and often make good leaders. They are likely to be emotional, enthusiastic and creative.

Astrologically the Fire signs are Aries, Leo and Sagittarius.

Water Hand

Water hands have many fine, spidery lines and both the palm and the fingers are long. The Water hand is found on the sensitive, emotional type of individual. Water types are caring, receptive and artistic. They are primarily motivated by feelings. They may have trouble coping with stress and are often happiest in a peaceful environment.

Astrologically the Water signs are Cancer, Scorpio and Pisces.

The Fingers:

The Index Finger: People with a long index finger are very confident and sure of their own ability. They like to be in charge and will always be seeking to be promoted within their chosen fields. Such folks tend to work hard and are seen as very reliable. The reverse tends to be true for those with short index fingers. They are not so outgoing and tend to be shy and full of self-doubt.

The Middle Finger: Folks with short middle fingers are very often careless and tend to be somewhat lazy. Those with long middle fingers tend to take life seriously and will work hard as they are very keen to get ahead. Most such folks are actually somewhere in the middle as the finger is "middle-sized" rather than long or short.
The Ring Finger: Folks with long ring fingers are usually very creative and will do well in any artistic or fashion related field. Short ring fingers are extremely rare.

The Little Finger: A long little finger is usually the hallmark of an intelligent person, someone with a high IQ. They are good communicators and do well in any related field. They also tend to have a very strong libido. Those with a short little finger are usually emotionally immature.

The Thumb: the more ordinary the thumb the more ordinary the person. The top of the thumb indicates willpower and the bottom of the thumb represents logic. Together they are a good indicator of just how hard someone will push to get what they want. A small thumb indicates a gentle nature whereas a long thumb indicates a much more forceful personality that is more likely to succeed. A long and narrow thumb indicates someone who wants to succeed but doesn’t necessarily have the drive to do so. Small broad thumbs indicate a lack of determination.

Conic Finger Tips: Folks with this type of fingertip are usually very flexible and open to compromise when necessary. As such they make very good negotiators. In order to be happy they need emotional security.

Pointed Finger Tips: Pointed finger tips are generally; a sign of a somewhat sensitive and fragile personality. Artists, authors, poets and writers often have this shape of finger tip.

Spatulate Finger Tips: Those with Spatulate shaped finger tips are the most dynamic of all both physically and mentally. Inventors and pioneers often have this shape of finger tip.

Square Finger Tips: People with this shape of tip are usually slow and methodical with everything they do. They tend to be very rational and to be lacking in the field of creativity.

Almond Shaped Fingernails: This type of fingernail is indicative of someone who is gentle and kind.

Broad Shaped Fingernails: Broad fingernails indicate a very strong personality. It can indicate someone who is short-tempered.

Fan Shaped Fingernails: This type of fingernail; can indicate long term stress.

Horizontally Ridged Fingernails: This shape can be the result of dietary deficiencies.

Narrow Fingernails: People with this shape are often cold and selfish.

Pale Colored Fingernails: This color of fingernail can indicate an iron deficiency.

Red Colored Fingernails: People with this color of fingernail are often impatient particularly with others.
Square Shaped Fingernails: This shape usually indicates someone who is very easy going and not prone to losing their temper.

Vertically Ridged Fingernails: This is thought to indicate rheumatic or arthritic problems.

Hair on the Hands: Most people will have very little hair on their hands. It is much more likely to be found on men rather than women. Hair can be indicative of physical strength and if very hairy, a high sex drives.

Skin Texture: A soft and delicate texture often indicates a refined and sensitive person. Thick skinned people are usually stubborn and may well come across as insensitive. Thin skinned people are the opposite and are often overly sensitive. A satin-like skin often indicates an artistic nature.

Color of the Skin

The health of a person is often indicated by the color of their hands. Dead white hands often indicate a lack of circulation. Pink hands are generally a sign of good health in palmistry. Red hands may indicate high blood pressure. Bluish hands indicate a sluggish condition of the circulation of the blood supply. The normal color of the palm should be rosy and pinkish.

Quiz:

1. The top of the thumb indicates ______.

2. The Air hand has _____ fingers.

3. The type of classification used in Western astrology is one using the four ______ categories.

4. Astrologically the Earth Signs are: Capricorn, Taurus and ______.

5. Those with Conic Finger Tips need ______ security to survive.

6. Water Hand types are primarily motivated by ______.

7. Those with Square Shaped Fingernails are not prone to losing their ______.
Dermatoglyphics

Lesson Seven

The study of Dermatoglyphics consists of the patterns of ridges on the skin of the fingers, palms, toes, and soles. The term dermatoglyphics was coined in 1926 C.E. by Dr. Harold Cummins from the two words “derma” (skin) and the Greek “glyphe” (carve). When we talk about Dermatoglyphs we are mainly concerned with the fingerprints. Your fingerprints are fully formed 16 weeks after conception, and they will never change. Each fingerprint is composed of between fifty and one hundred lines though no two fingerprints are exactly alike. As early as 500 BCE Babylonian business transactions were recorded in clay tablets that included fingerprints. And from around the same time period, Chinese documents are found to have clay seals imprinted with the fingerprint of the author.

The first “official” mention of fingerprints was in 1684 CE. Dr. Nehemiah Grew lectured to the Royal College of Physicians of London about the interesting markings found on human fingertips. The first book with detailed drawings of fingerprints was by Gouard Bidloo (Dutch physician, anatomist, poet and playwright) in 1685 CE.

Prints can be classified into one of four major types: the whorl, the loop, the arch and the tented arch. There are also two subtypes of the whorl:

The peacock looks exactly as the name suggests, like the eye on a peacock tail feather. The peacock is an uncommon pattern on all of the fingers. If present it is most commonly found on the ring finger. It is rarely found on the thumb.

The composite resembles a yin/yang symbol, 2 loops swirling around each other.
In general, a preponderance of a particular type of fingerprint can tell you about the basic temperament of the subject.

Whorl
Whorls are seen in about 25-35% of fingerprint patterns encountered. Folks with many whorls on their hands like to be in charge. They are often deep thinkers and may be dogmatic in their viewpoints. The whorl can be associated with the element of Fire. In a whorl, some of the ridges make a turn through at least one circuit. Any fingerprint pattern which contains 2 or more deltas will be a whorl pattern. There are four types of whorl patterns:

Plain whorls consist of one or more ridges which make or tend to make a complete circuit with two deltas, between which an imaginary line is drawn and at least one re-curving ridge within the inner pattern area is cut or touched.

Central pocket loop whorls consist of at least one re-curving ridge or an obstruction at right angles to the line of flow, with two deltas, between which when an imaginary line is drawn, no re-curving ridge within the pattern area is cut or touched.

Central pocket loop whorl ridges make one complete circuit which may be spiral, oval, circular or any variant of a circle.

Double loop whorls consist of two separate and distinct loop formations with two separate and distinct shoulders for each core, two deltas and one or more ridges which make, a complete circuit. Between the two at least one re-curving ridge within the inner pattern area is cut or touched when an imaginary line is drawn.

Accidental whorls consist of two different types of patterns with the exception of the plain arch; have two or more deltas or a pattern which possess some of the requirements for two
or more different types or a pattern which conforms to none of the definitions.

Loop
Loops occur in about 60-70% of fingerprint patterns. This is the most common fingerprint. It denotes flexibility and a dislike for routine. Folks with many loops may display an emotional nature. The loop can be associated with the element of Water. One or more of the ridges enters on either side of the impression, re-curves, touches or crosses the line running from the delta to the core and terminates on or in the direction of the side where the ridge or ridges entered. Each loop pattern has one delta and one core and has a ridge count. Radial loops are named after the radius, a bone in the forearm that joins the hand on the same side as the thumb. The flow of the pattern in radial loops runs in the direction of the radius (toward the thumb). Radial loops are not very common and most of the time radial loops will be found on the index fingers. Ulnar loops are named after the ulna, a bone in the forearm. The ulna is on the same side as the little finger and the flow of the pattern in an ulnar loop runs in the direction of the ulna (toward the little finger).

Arch
Arches are found in about 5% of fingerprint patterns encountered. Arches on the fingertips can indicate someone who has trouble expressing their emotions. The owner of these fingerprints can be practical in nature and may find change to be unwelcome. The arch can be associated with the element of Earth.

There are four types of arch patterns; plain arches, radial arches, ulnar arches and tented arches.

Plain arches have an even flow of ridges from one side to the other of the pattern, no “significant up thrusts” and the ridges enter on one side of the impression, and flow out the other with a rise or wave in the center.

The ridges of radial arches slope towards the thumb, have one delta and no re-curving ridges.

On ulnar arches, the ridges slope towards the little finger, have one delta and no re-curving ridges.

Tented arches have an angle, an up thrust, or two of the three basic characteristics of the loop. They don’t have the same "easy" flow that plain arches do and particularly have “significant up thrusts” in the ridges near the middle that arrange themselves on both sides of a spine or axis towards which the adjoining ridges converge and appear to form tents.

Tented Arch

This print is usually found only on the index finger, though they have appeared on the middle and ring fingers as well. This mark is a sign of a sensitive, impulsive nature. Folks with tented arches may be seekers of the truth and may tend toward perfectionism. The tented arch can be associated with the element of Air.

Other Glyphs on the Hand

A common occurrence of a glyph on the palm may be found between the fingers. A loop between the Mercury and Apollo fingers is called the Loop of Humor. Having this loop indicates a person with an optimistic view and a good sense of humor.
A loop between Apollo and Saturn is called the Loop of Seriousness. People with this loop exhibit common sense and may exhibit a great sense of responsibility in their lives.

Less common is a loop between Saturn and Jupiter. Called the Rajah Loop, it was once thought that this marking indicated descent from royal lineage.

Quiz:

1. The whorl can be associated with the element of _____.

2. The most common fingerprint is the _____.

3. Arches on the fingertips can indicate someone who has trouble expressing their _____.

4. The term dermatoglyphics was coined in ____ C.E.

5. A loop between Apollo and Saturn is called the Loop of _______.

6. The composite print resembles a ____ ____ symbol.

7. The arch can be associated with the element of _____.

Final Exam:

1. Those with a Fire hand tend to be _________.
2. A Tented Arch is found only on the ______ finger.
3. A person with a clear Intuition Line, distinguished line often becomes a prophet or _________.
4. Medically, a _______ is called a “proximal transverse palmar crease”
5. A well-developed mount of Saturn indicates a person with an intense thirst for ________ and with a great sense of responsibility.
6. Your fingerprints are fully formed ______ weeks after conception.
7. If found on a mount; the trident ______ the attributes of that mount in conjunction with its neighboring mounts.
8. Fan Shaped Fingernails can indicate long term ______.
9. A loop between the Mercury and Apollo fingers is called the ________ ______.
10. Palmistry is thought to have originated in ______.
11. Although, some people may have only one bracelet, having ______ or more is possible.
12. The Fate line touches the Mount of ______.
13. The circle is a very ______ mark in palmistry.
14. The Mars Negative Mount represents ________.
15. Hasta Samudrika Shastra serves as a collection of ancient rules related to ______ ______.
16. If a ______ appears on a mount, it drains the energies/qualities of that Mount.
17. The first book with detailed _______ of fingerprints was by Gouard Bidloo.
18. An over-developed mount of Venus shows a very ______ person.
19. Folks with many whorls on their hands are often ______ ______.
20. A break in the Marriage lines can represent ________.
21. A tassel found on the Heart Line indicates a deteriorating ______ condition.
22. The Girdle of Venus is a Semi-circle between the index and _____ fingers.

23. A Life line that runs close to the ______ signifies a person with low energy levels.

24. The peacock mark is rarely found on the _____.

25. A square that comes after a negative mark in a line indicates _____ of the negative damage.

26. When he Mount of Jupiter leans towards the Mount of Saturn, such folks tend to be ________.

27. The ___ line is considered the most important line on the palm.

28. A Square superimposed on the travel lines is a sign of ______ in travels.

29. The _____ of a person is often indicated by the color of their hands.

30. In 423 BCE, _________ (Greek Educator) remarked that palmistry was "a studyworthy of an enquiring and educated mind."

31. The Ring of Solomon is a small line appearing as a ____ _____.

32. When tiny lines shoot upward from the Life line it reflects _______ endeavors in one’s life.

33. The space created between the Life Line and the Head Line is known as the _____ __ ____.

34. An Island mark is often a sign of some hereditary illness, such as _____ _____ or alcohol abuse.

35. The Indian method of palmistry is taught through ________.

36. When present the line of Mercury will give information about the subject's ______ ________.

37. Folks with Conic Finger Tips make very good ________.

38. It is rare to have a ______ Line on both hands.

39. The loop between Saturn and Jupiter is called the _____ _____.

40. The little finger is the Finger of ______.

41. The absence of the _____ line represents a sound health.

42. Rising ________ draw upon the qualities of the mount that it is directed to.
43. There are ____ types of whorl patterns.

44. The minor lines run ______ in the hand.

45. Julius Caesar is said to have ______ his men by way of palmistry.

46. Water hands have many fine, spidery lines and both the palm and the fingers are ____.

47. If zigzag lines are found on the Mount of Luna, then the person shall go on ______ several times in life.

48. If the Heart line is curved and ends at the Mount of ______, it shows the tendency for idealistic love.

49. The middle finger is the Finger of ______.

50. The Tented Arch print is usually found only on the _____ finger.

51. The existence of the mount of ______ generally indicates a creative trait.

52. A chained line often indicates ______ ______ both physical and emotional.

53. The Line of Mars is that line that is found encircling the Mount of ______.

54. The first book on Palmistry was Michael Scotts ________.

55. A ______ line nullifies the positive qualities of any mount it is located on.

56. Folks with narrow fingernails are often ____ and ____.

57. A break in the Marriage lines can represent ______.

58. When a branch shoots off from the line of Mars and runs on to the Mount of _____, it foreshadows restlessness and an intense craving for excitement.

59. The simian line’s name stems from its resemblance to the palmar creases found in the hands of ______.

60. A star on the Mount of Jupiter signifies ______.